# Higher dimensional versions of theorems of Euler and Fuss 

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#### Abstract

We present higher dimensional versions of the classical results of Euler and Fuss, both of which are special cases of the celebrated Poncelet porism. Our results concern polytopes, specifically simplices, parallelotopes and cross polytopes, inscribed in a given ellipsoid and circumscribed to another. The statements and proofs use the language of linear algebra. Without loss, one of the ellipsoids is the unit sphere and the other one is also centered at the origin. Let $A$ be the positive symmetric matrix taking the outer ellipsoid to the inner one. If $\operatorname{tr} A=1$, there exists a bijection between the orthogonal group $O(n)$ and the set of such labeled simplices. Similarly, if $\operatorname{tr} A^{2}=1$, there are families of parallelotopes and of cross polytopes, also indexed by $O(n)$.


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## 1 Introduction

We recall the classic geometric Poncelet porism [1, 3, 5]. Consider two disjoint ellipses $E_{\text {out }}, E_{\text {in }} \subset \mathbb{R}^{2}$ with $E_{\text {in }}$ contained in $\operatorname{conv}\left(E_{\text {out }}\right) \subset \mathbb{R}^{2}$, the convex hull of $E_{\text {out }}$. A polygon with $k$ vertices $P_{0}, P_{1}, P_{2}, \ldots P_{k}=P_{0}$ fits tightly between $E_{\text {out }}$ and $E_{\text {in }}$ if its vertices belong to $E_{\text {out }}$ and its sides are tangent to $E_{\text {in }}$. We implicitly assume $P_{i+2} \neq P_{i}$ (for all $i$ ). Alternatively, we say the polygon is tight. Figure 1 shows two pairs of ellipses: in the first example several triangles $(k=3)$ fit tightly; in the second, several quadrilaterals $(k=4)$ also fit tightly.

Theorem 1 (Poncelet porism). If the pair $E_{\text {out }}, E_{\text {in }}$ admits a tight polygon with $k$ vertices then any point $Q_{0} \in E_{\text {out }}$ is a vertex of a tight polygon with $k$ vertices.


Figure 1: Poncelet porism, $k=3$ and $k=4$

A little projective geometry [2] shows that the general case above follows from the special case when $E_{\text {out }}$ and $E_{\text {in }}$ are both circles. The special cases $k=3$ and $k=4$ of Theorem 1 (for circles) were proved earlier by Euler and his student Fuss, respectively [4]. If $E_{\text {out }}$ and $E_{\text {in }}$ are circles of radii $R$ and $r$, respectively, and the distance between the two centers is $d$, then there exist tight triangles ( $k=3$ ) or quadrilaterals $(k=4)$ if and only if

$$
\begin{equation*}
\frac{1}{(R-d)^{k-2}}+\frac{1}{(R+d)^{k-2}}=\frac{1}{r^{k-2}}, \quad k \in\{3,4\} . \tag{1}
\end{equation*}
$$

Projective geometry also implies that the general case follows from another special case, with $E_{\text {out }}$ and $E_{\text {in }}$ being ellipses centered at the origin, as in Figure 1 . We state higher dimensional versions of the theorems of Euler and Fuss in this context, starting with Fuss.

Consider two disjoint ellipsoids $E_{\text {out }}, E_{\text {in }} \subset \mathbb{R}^{n}$ centered at the origin with $E_{\text {in }} \subset \operatorname{conv}\left(E_{\text {out }}\right)$. By applying a linear transformation, we assume that $E_{\text {out }}=$ $\mathbb{S}^{n-1}$, the unit sphere. Clearly, there exists a unique positive symmetric matrix $A$ with $A E_{\text {out }}=E_{\text {in }}$.

A closed, convex polytope $P \subset \mathbb{R}^{n}$ fits between $E_{\text {out }}$ and $E_{\text {in }}$ if $E_{\text {in }} \subset P \subset$ $\operatorname{conv}\left(E_{\text {out }}\right)$. The polytope $P$ is inscribed in $E_{\text {out }}$ if all its vertices belong to $E_{\text {out }}$ and $P$ is circumscribed to $E_{\mathrm{in}}$ if all its hyperfaces are tangent to $E_{\mathrm{in}}$. It fits tightly between $E_{\text {out }}$ and $E_{\mathbf{i n}}$ if it is inscribed in $E_{\text {out }}$ and circumscribed to $E_{\mathbf{i n}}$. We usually consider labeled polytopes, for which the vertices are indexed.

A centrally symmetric parallelotope in $\mathbb{R}^{n}$ is a convex polytope with $2^{n}$ vertices of the form $\pm v_{1} \pm v_{2} \pm \cdots \pm v_{n}$ where the vectors $v_{1}, \ldots, v_{n}$ form a basis. Thus, for $n=2$ the polytope is a parallelogram and for $n=3$, a parallelepiped. A label for a parallelotope is a family $\left(v_{k}\right)_{1 \leq k \leq n}$ of vectors as above so that each vertex in turn is labeled by a sequence of signs. A centrally symmetric parallelotope is orthogonal if the basis $\left(v_{k}\right)$ is orthogonal. As we shall see, if a parallelotope
is inscribed in the unit sphere then it is necessarily centrally symmetric and orthogonal. For $E_{\text {out }}$ and $E_{\text {in }}$ as above, let $\mathcal{P}_{t}\left(E_{\mathbf{i n}}, E_{\text {out }}\right)$ be the set of all labeled parallelotopes fitting tightly between $E_{\text {out }}$ and $E_{\text {in }}$.

As usual, $O(n)$ is the real orthogonal group. Define the map

$$
\phi: \mathcal{P}_{t}\left(E_{\text {in }}, E_{\text {out }}\right) \rightarrow O(n)
$$

taking a parallelotope with label $\left(v_{k}\right)$ to the matrix $Q \in O(n)$ whose columns are obtained from the basis $\left(v_{k}\right)$ by Gram-Schmidt orthonormalization.

Theorem 2. Let $E_{\text {out }}=\mathbb{S}^{n-1}$ and $E_{\mathbf{i n}}=A E_{\text {out }}$, as above. The set $\mathcal{P}_{t}\left(E_{\mathbf{i n}}, E_{\text {out }}\right)$ is nonempty if and only if $\operatorname{tr}\left(A^{2}\right)=1$. In this case, the map $\phi: \mathcal{P}_{t}\left(E_{\mathbf{i n}}, E_{\mathbf{o u t}}\right) \rightarrow$ $O(n)$ is a diffeomorphism.

The dual or polar of a bounded convex set $X \subset \mathbb{R}^{n}$ with $0 \in X$ is

$$
\tilde{X}=\left\{v \in \mathbb{R}^{n} \mid \forall w \in X,\langle v, w\rangle \geq-1\right\}
$$

For instance, the dual of a centrally symmetric parallelotope is a centrally symmetric cross polytope (see Remark 2.4). We shall discuss duality further in Section 4.

For $E_{\text {out }}$ and $E_{\text {in }}$ as above, let $\mathcal{C}_{t}\left(E_{\text {in }}, E_{\text {out }}\right)$ be the set of all labeled centrally symmetric cross polytopes fitting tightly between $E_{\text {out }}$ and $E_{\text {in }}$. The map $\phi: \mathcal{C}_{t}\left(E_{\text {in }}, E_{\text {out }}\right) \rightarrow O(n)$ is defined similarly to the parallelotope situation (see Section 2). Duality applied to Theorem 2 above gives us the following similar result:

Corollary 1.1. Let $E_{\text {in }}=\mathbb{S}^{n-1}$ and $E_{\text {out }}=A^{-1} E_{\text {out }}$. The set $\mathcal{C}_{t}\left(E_{\mathbf{i n}}, E_{\text {out }}\right)$ is nonempty if and only if $\operatorname{tr}\left(A^{2}\right)=1$. Then, the map $\phi: \mathcal{C}_{t}\left(E_{\mathbf{i n}}, E_{\text {out }}\right) \rightarrow O(n)$ is a diffeomorphism.

We now extend Euler's theorem to simplices in $\mathbb{R}^{n}$ : convex polytopes with $n+1$ vertices and nonempty interior. For ellipsoids $E_{\text {out }}$ and $E_{\text {in }}$ as above, let $\mathcal{S}_{f}\left(E_{\mathbf{i n}}, E_{\text {out }}\right)\left(\right.$ resp. $\left.\mathcal{S}_{t}\left(E_{\mathbf{i n}}, E_{\text {out }}\right)\right)$ be the set of labeled simplices with vertices $v_{1}, \ldots, v_{n}, v_{n+1} \in \operatorname{conv}\left(E_{\text {out }}\right)$ fitting (resp. fitting tightly) between $E_{\text {out }}$ and $E_{\mathbf{i n}}$, so that $\mathcal{S}_{t}\left(E_{\mathbf{i n}}, E_{\text {out }}\right) \subseteq \mathcal{S}_{f}\left(E_{\mathbf{i n}}, E_{\text {out }}\right)$.

Define the map

$$
\phi: \mathcal{S}_{f}\left(E_{\mathbf{i n}}, E_{\text {out }}\right) \rightarrow O(n)
$$

taking a simplex $S \in \mathcal{S}_{f}\left(E_{\text {in }}, E_{\text {out }}\right)$ with vertices $v_{1}, \ldots, v_{n}, v_{n+1}$ to the matrix $Q \in O(n)$ whose columns are obtained from the basis $v_{1}, \ldots, v_{n}$ by Gram-Schmidt orthonormalization.

Theorem 3. Let $E_{\text {in }}=\mathbb{S}^{n-1} \subset \mathbb{R}^{n}$ be the unit sphere. Let $E_{\text {out }} \subset \mathbb{R}^{n}$ be a nondegenerate ellipsoid centered at the origin. Let $A$ be the unique positive definite real symmetric matrix $A$ such that $A E_{\text {out }}=E_{\mathbf{i n}}$.
(i) If $\operatorname{tr}(A)>1$, no simplex fits between $E_{\mathbf{i n}}$ and $E_{\text {out }}: \mathcal{S}_{f}\left(E_{\mathbf{i n}}, E_{\text {out }}\right)=\varnothing$.
(ii) If $\operatorname{tr}(A)=1$, every fitting simplex fits tightly: $\mathcal{S}_{f}\left(E_{\mathbf{i n}}, E_{\text {out }}\right)=\mathcal{S}_{t}\left(E_{\mathbf{i n}}, E_{\text {out }}\right)$. The map $\phi: \mathcal{S}_{f}\left(E_{\mathbf{i n}}, E_{\text {out }}\right) \rightarrow O(n)$ is a diffeomorphism.
(iii) If $\operatorname{tr}(A)<1, \mathcal{S}_{t}\left(E_{\text {in }}, E_{\text {out }}\right) \neq \mathcal{S}_{f}\left(E_{\mathbf{i n}}, E_{\text {out }}\right)$. The map $\phi: \mathcal{S}_{f}\left(E_{\text {in }}, E_{\text {out }}\right) \rightarrow$ $O(n)$ is surjective and not injective.

Remark 1.2. In the situation of item (iii) above, the cases $n=2$ and $n \geq 3$ behave differently. For $n=2, \mathcal{S}_{t}\left(E_{\mathbf{i n}}, E_{\text {out }}\right)=\varnothing$ : this follows from the case $k=3$ of Poncelet porism. If $n \geq 3$, the restriction $\phi: \mathcal{S}_{t}\left(E_{\mathbf{i n}}, E_{\text {out }}\right) \rightarrow O(n)$ is still surjective and not injective. We shall present illustrative examples but not the cumbersome computations.

Our extensions of the classical results of Euler and Fuss to higher dimensions provide a simple counterpart to Equation (11) in terms of traces. This was possible because of our choice to work with centrally symmetric ellipsoids.

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## 2 Fuss and parallelotopes

Lemma 2.1. If a centrally symmetric parallelotope is inscribed in a sphere then it is orthogonal.

Proof. Notice first that for $n=2$ the lemma says that a parallelogram inscribed in a circle is a rectangle: this follows from the fact that both diagonals have the same length.

For the general case, consider a centrally symmetric parallelotope with vertices $\pm w_{1} \pm \cdots \pm w_{n}$ inscribed in a sphere $E_{\text {out }}$ of radius $R$. Consider $i$ and $j$ with $1 \leq i<j \leq n$ : the four vertices $\tilde{w} \pm w_{i} \pm w_{j}, \tilde{w}=-w_{i}-w_{j}+\sum_{k} w_{k}$, are inscribed in the intersection of a 2-dimensional plane with the sphere, which is of course a circle. The case $n=2$ implies $w_{i} \perp w_{j}$.

Remark 2.2. For an alternative proof, use the notation above and notice that $\left|\tilde{w} \pm w_{i} \pm w_{j}\right|=R$ for any choice of signs. We then have

$$
\left\langle\tilde{w} \pm w_{j}, w_{i}\right\rangle=\frac{1}{4}\left(\left|\tilde{w} \pm w_{j}+w_{i}\right|^{2}-\left|\tilde{w} \pm w_{j}-w_{i}\right|^{2}\right)=\frac{R^{2}-R^{2}}{4}=0
$$

and therefore $\left\langle w_{i}, w_{j}\right\rangle=0$.

Proof of Theorem 2. We first prove that if $\mathcal{P}_{t}\left(E_{\text {in }}, E_{\text {out }}\right) \neq \varnothing$ then $\operatorname{tr}\left(A^{2}\right)=1$. Take $P \in \mathcal{P}_{t}\left(E_{\text {in }}, E_{\text {out }}\right)$. From Lemma 2.1, $P$ is an orthogonal parallelotope. The edges of $P$ are parallel to $q_{k}$, where $\left(q_{k}\right)$ is an orthonormal basis. The map $\phi$ takes $P$ to $Q \in O(n)$ with columns $\left(q_{k}\right)$.

Let $2 \ell_{k}$ be the length of the edge in the direction $q_{k}$ so that the vertices of $P$ are $\pm \ell_{1} q_{1} \pm \cdots \pm \ell_{k} q_{k} \pm \cdots \pm \ell_{n} q_{n}$; the faces are the hyperplanes $H_{k, \pm}$ of equations $\left\langle\cdot, q_{k}\right\rangle= \pm \ell_{k}$. By Pythagoras we have $\sum_{k} \ell_{k}^{2}=1$. Let $v_{k}$ be the point of tangency between $E_{\text {in }}$ and $H_{k,+}$. By definition of $A, v_{k}$ has the form $v_{k}=A u_{k}, u_{k} \in E_{\text {out }}$. We determine $u_{k}$ and $v_{k}$.

The vector $u_{k}$ maximizes $\left\langle q_{k}, A x\right\rangle$ with the restriction $|x|=1$. Since $A$ is symmetric, $\left\langle q_{k}, A x\right\rangle=\left\langle x, A q_{k}\right\rangle$ and then

$$
u_{k}=x=\frac{A q_{k}}{\left|A q_{k}\right|}, \quad v_{k}=A u_{k}=\frac{A^{2} q_{k}}{\left|A q_{k}\right|}
$$

Since $\left\langle v_{k}, q_{k}\right\rangle=\ell_{k}$, we have

$$
\ell_{k}=\frac{\left\langle A^{2} q_{k}, q_{k}\right\rangle}{\left|A q_{k}\right|}=\frac{\left\langle A q_{k}, A q_{k}\right\rangle}{\left|A q_{k}\right|}=\left|A q_{k}\right| .
$$

We compute the trace in the basis $\left(q_{k}\right)$, thus proving the first claim:

$$
\operatorname{tr}\left(A^{2}\right)=\sum_{k}\left\langle A^{2} q_{k}, q_{k}\right\rangle=\sum_{k}\left\langle A q_{k}, A q_{k}\right\rangle=\sum_{k}\left|A q_{k}\right|^{2}=\sum_{k} \ell_{k}^{2}=1
$$

We are left with proving that the map $\phi: \mathcal{P}_{t}\left(E_{\text {in }}, E_{\text {out }}\right) \rightarrow O(n)$ constructed above is invertible. Take $Q \in O(n)$ with columns $\left(q_{k}\right)$. Consider the parallelotope $P$ with vertices $\pm \ell_{1} q_{1} \pm \cdots \pm \ell_{k} q_{k} \pm \cdots \pm \ell_{n} q_{n}$ where each $\ell_{k}>0$ is chosen so that the ellipsoid $E_{\text {in }}$ is tangent to the hyperplane $H_{k,+}$ of equation $\left\langle\cdot, q_{k}\right\rangle=\ell_{k}$. We prove that $P \in \mathcal{P}_{t}\left(E_{\mathbf{i n}}, E_{\text {out }}\right)$ and $\phi(P)=Q$. Clearly, $P$ is inscribed in a sphere $R E_{\text {out }}$ of radius $R>0, R^{2}=\sum \ell_{k}^{2}$. We need to verify that $R=1$.

Indeed, consider a scaled parallelotope $\hat{P}=(1 / R) P$, inscribed in $E_{\text {out }}$ and circumscribed to $\widehat{E_{\text {in }}}=(1 / R) E_{\text {in }}$. The matrix $\hat{A}=(1 / R) A$ satisfies $\hat{A} E_{\text {out }}=\widehat{E_{\text {in }}}$ and therefore, from the previous paragraph, $\operatorname{tr}\left(\hat{A}^{2}\right)=1$. But $\operatorname{tr}\left(\hat{A}^{2}\right)=R^{-2}$, so that $R=1$, as desired. The fact that $\phi(P)=Q$ is obvious.

Remark 2.3. The hypothesis of polytopes being centrally symmetric parallelotopes is essential. Indeed, for dimension $n=3$ consider parameters $r>0$ and $s \geq 1$ and construct the convex polyhedron $P$ with 8 vertices: $\left( \pm r s, \pm r s^{-1}, r\right)$, $\left( \pm r s^{-1}, \pm r s,-r\right)$. For $s=1, P$ is a cube. In general, this polyhedron has 6 faces: two rectangles in the planes $z= \pm r$ and four trapezoids, as shown in Figure 2 .

A simple computation verifies that $P$ is inscribed in the sphere $E_{\text {out }}$ of radius $R=r \sqrt{s^{2}+1+s^{-2}} ; P$ is also circumscribed to the sphere $E_{\text {in }}$ of radius $r$. The positive symmetric matrix $A$ with $A E_{\text {out }}=E_{\text {in }}$ is therefore $A=(r / R) I$, with $\operatorname{trace} \operatorname{tr}(A)=3 / \sqrt{s^{2}+1+s^{-2}}$. By adjusting the value of $s, \operatorname{tr}(A)$ can assume any


Figure 2: A convex polytope which is both inscribable and circumscribable.
value in the interval $(0,1)$. Similar constructions are possible in higher dimension $(n>3)$ but not in the plane $(n=2)$. The situation is reminiscent of Remark 1.2 .

Remark 2.4. We provide details concerning Corollary 1.1. A centrally symmetric cross polytope in $\mathbb{R}^{n}$ is a convex polytope with non empty interior and vertices $\pm v_{1}, \ldots, \pm v_{n}$. For $n=2$, a cross polytope is a parallelogram; for $n=3$, an octahedron.

It is easy to verify that the dual of a centrally symmetric parallelotope is a centrally symmetric cross polytope. Thus, Corollary 1.1 follows from Theorem 2 via duality, and vice versa. Define the map $\phi: \mathcal{C}_{t}\left(E_{\mathbf{i n}}, E_{\text {out }}\right) \rightarrow O(n)$ taking a cross polytope with vertices $\pm v_{k}$ to $Q \in O(n)$ with $Q e_{k}=v_{k} /\left|v_{k}\right|$ : the map $\phi$ is a diffeomorphism.

## 3 Euler and simplices

As in the statement of Theorem 3, $A$ is the unique positive definite real symmetric matrix such that $A\left(E_{\text {out }}\right)=E_{\text {in }}=\mathbb{S}^{n-1}$. We then have

$$
E_{\text {in }}=\left\{v \in \mathbb{R}^{n} \mid\langle v, v\rangle=1\right\}, \quad E_{\text {out }}=\left\{v \in \mathbb{R}^{n} \mid\langle A v, A v\rangle=1\right\} .
$$

Bases are understood to be families such as $\left(v_{i}\right)_{1 \leq i \leq n}$ : labeling is important.
Proposition 3.1. If $\mathcal{S}_{f}\left(E_{\mathbf{i n}}, E_{\text {out }}\right) \neq \varnothing$ then $\operatorname{tr} A \leq 1$. Moreover, if $\operatorname{tr} A=1$, then $\mathcal{S}_{f}\left(E_{\text {in }}, E_{\text {out }}\right)=\mathcal{S}_{t}\left(E_{\mathbf{i n}}, E_{\text {out }}\right)$.

Thus, there are no fitting simplices if $\operatorname{tr} A>1$. For $\operatorname{tr} A=1$, a fitting simplex is tight. Part (i) and the first claim in part (ii) of Theorem 3 follow from the proposition.

Proof of Proposition 3.1. Take $S \in \mathcal{S}_{f}\left(E_{\mathbf{i n}}, E_{\text {out }}\right)$ with vertices $\left(v_{i}\right)_{1 \leq i \leq n+1}$. In particular, $\operatorname{conv}\left(\left\{v_{1}, \ldots, v_{n+1}\right\}\right)$ contains the origin in its interior. A hyperface $F_{i} \subset S$ is the convex closure of the vertices $v_{j}, j \neq i$, and belongs to a hyperplane $H_{i}$. Take $w_{i} \in \mathbb{S}^{n-1}$ the closest point to $H_{i}$ and $t_{i} \geq 1$ such that $t_{i} w_{i} \in H_{i}$ :

$$
H_{i}=\left\{q \in \mathbb{R}^{n} \mid\left\langle q, t_{i} w_{i}\right\rangle=\left\langle t_{i} w_{i}, t_{i} w_{i}\right\rangle=t_{i}^{2}\right\}
$$

We must then have $\left\langle v_{i}, w_{j}\right\rangle=t_{i} \geq 1$ for $i \neq j$; on the other hand, $\left\langle v_{i}, w_{i}\right\rangle<0$, otherwise 0 would not belong to the interior of $\operatorname{conv}\left(\left\{v_{1}, \ldots, v_{n+1}\right\}\right)$.

Define extended vectors $\hat{v}_{i}=\left(v_{i}, 1\right), \hat{w}_{j}=\left(w_{j},-t_{j}\right) \in \mathbb{R}^{n+1}$. For $i \neq j$ we have $\left\langle\hat{v}_{i}, \hat{w}_{j}\right\rangle=0$; also, $\left\langle\hat{v}_{i}, \hat{w}_{i}\right\rangle<-t_{i} \leq-1$. We show that the families $\left(\hat{v}_{i}\right)_{1 \leq i \leq n+1}$ and $\left(\hat{w}_{i}\right)_{1 \leq i \leq n+1}$ form bases of $\mathbb{R}^{n+1}$. Indeed, if $\sum_{i} c_{i} \hat{v}_{i}=0$, the inner product with $\hat{w}_{j}$ gives $c_{i}\left\langle\hat{v}_{i}, \hat{w}_{i}\right\rangle=0$, so that $c_{i}=0$. The same argument applies to $\left(\hat{w}_{i}\right)$. Said differently, $\left(\hat{v}_{i}\right)$ and $\left(\hat{w}_{i}\right)$ are biorthogonal bases.

We phrase these properties in matrix notation. Let $\hat{V}$ and $\hat{W}$ be $(n+1) \times(n+1)$ matrices with columns given by $\left(\hat{v}_{i}\right)$ and $\left(\hat{w}_{i}\right)$ respectively. We then have

$$
\hat{W}^{T} \hat{V}=D=\operatorname{diag}\left(\left\langle\hat{v}_{1}, \hat{w}_{1}\right\rangle, \ldots,\left\langle\hat{v}_{n+1}, \hat{w}_{n+1}\right\rangle\right)=\operatorname{diag}\left(-t_{1}, \ldots,-t_{n+1}\right)
$$

We have $D \leq-I$ in the sense that $\langle u,(D+I) u\rangle \leq 0$ for all $u \in \mathbb{R}^{n+1}$. The trace of a real $(n+1) \times(n+1)$ matrix $X$ is

$$
\begin{equation*}
\operatorname{tr} X=\operatorname{tr} \hat{W}^{T} X\left(\hat{W}^{T}\right)^{-1}=\operatorname{tr} \hat{W}^{T} X \hat{V} D^{-1}=\sum_{i} \frac{\left\langle\hat{w}_{i}, X \hat{v}_{i}\right\rangle}{\left(-t_{i}\right)} . \tag{2}
\end{equation*}
$$

Let $A_{-}=A \oplus(-1)$ be the $(n+1) \times(n+1)$ matrix obtained from $A$ by adding a final row and column of zeroes and an entry equal to -1 in position $(n+1, n+1)$. From Equation (2) for $X=A_{-}$,

$$
\begin{equation*}
\operatorname{tr} A_{-}=\sum_{i} \frac{\left\langle\hat{w}_{i}, A_{-} \hat{v}_{i}\right\rangle}{\left(-t_{i}\right)}=\sum_{i} \frac{\left\langle w_{i}, A v_{i}\right\rangle+t_{i}}{\left(-t_{i}\right)} \tag{3}
\end{equation*}
$$

As $w_{i} \in \mathbb{S}^{n-1}, t_{i} \geq 1$ and $A v_{i} \in \operatorname{conv}\left(E_{\mathbf{i n}}\right)$, the numerators are greater or equal to zero. Thus $\operatorname{tr} A_{-}=\operatorname{tr} A-1 \leq 0$.

Now suppose $\operatorname{tr} A=1$ and $S \in \mathcal{S}_{f}\left(E_{\mathbf{i n}}, E_{\text {out }}\right)$. From the computations above, $\operatorname{tr} A=1$ if and only if the numerators in Equation (3) are equal to zero, that is, if and only if $\left\langle w_{i}, A v_{i}\right\rangle=-t_{i}$ for all $i$. As $w_{i} \in \mathbb{S}^{n-1}$, and $A v_{i} \in \operatorname{conv}\left(E_{\text {in }}\right)$, we have (by Cauchy-Schwartz) $\left\langle w_{i}, A v_{i}\right\rangle \geq-1$ with equality if and only if $A v_{i}=-w_{i}$. Since $t_{i} \geq 1$ we must have $t_{i}=1$ and $A v_{i}=-w_{i}$. Thus, the hyperplane $H_{i}$ containing the face $F_{i}$ is tangent to $E_{\mathrm{in}}: S$ is circumscribed to $E_{\mathrm{in}}$. Moreover, $w_{i}=-A v_{i}$ implies $v_{i} \in E_{\text {out }}$, i.e., $S$ is inscribed in $E_{\text {out }}$, proving that $S \in$ $\mathcal{S}_{t}\left(E_{\mathbf{i n}}, E_{\text {out }}\right)$, and therefore that $\mathcal{S}_{t}\left(E_{\mathbf{i n}}, E_{\text {out }}\right)=\mathcal{S}_{f}\left(E_{\mathbf{i n}}, E_{\text {out }}\right)$.

Remark 3.2. Take $n=3$ and $a, b, c>1$. Let

$$
E_{\text {out }}=\left\{(x, y, z) \in \mathbb{R}^{3} \left\lvert\, \frac{x^{2}}{a^{2}}+\frac{y^{2}}{b^{2}}+\frac{z^{2}}{c^{2}}=1\right.\right\}, \quad A=\left(\begin{array}{ccc}
\frac{1}{a} & 0 & 0 \\
0 & \frac{1}{b} & 0 \\
0 & 0 & \frac{1}{c}
\end{array}\right) .
$$

For $\tilde{w}_{1}=-(x, y, z) \in E_{\text {in }}=\mathbb{S}^{2}$, consider the tetrahedron $S$ with vertices $v_{1}=$ $-A^{-1} \tilde{w}_{1}=(a x, b y, c z) \in E_{\text {out }}, v_{2}=(a x,-b y,-c z), v_{3}=(-a x, b y,-c z)$ and $v_{4}=(-a x,-b y, c z)$, so that $S$ is inscribed in $E_{\text {out }}$. These four vertices are
alternating vertices of a rectangular parallelepiped with edges parallel to the axes. Following the construction in the proof of Proposition 3.1, and setting

$$
F(x, y, z)=(a x)^{-2}+(b y)^{-2}+(c z)^{-2}
$$

we have $t_{1}=t_{2}=t_{3}=t_{4}$ and

$$
w_{1}=-\frac{1}{t_{1} F(x, y, z)}\left(\frac{1}{a x}, \frac{1}{b y}, \frac{1}{c z}\right), \quad F(x, y, z)=t_{1}^{-2} .
$$

Thus, $S$ is circumscribed to a sphere of radius $t_{1}$ : it fits (resp. tightly) between $E_{\text {in }}$ and $E_{\text {out }}$ if and only if $F(x, y, z) \leq 1$ (resp. $F(x, y, z)=1$ ).

In order to study the function $F$, it suffices to consider the octant $x, y, z \geq 0$ : $F$ goes to infinity at the boundary and has a unique critical point, a global minimum, at $x^{2}=a^{-1} / \operatorname{tr} A, y^{2}=b^{-1} / \operatorname{tr} A, z^{2}=c^{-1} / \operatorname{tr} A$. Thus, the minimum of $F$ is $(\operatorname{tr} A)^{2}$. If $\operatorname{tr} A>1$, no tetrahedron in this family fits, consistently with Proposition 3.1. If $\operatorname{tr} A=1$ we construct a unique tetrahedron which fits, and fits tightly. If $\operatorname{tr} A<1$, there exists a closed disk of values of $(x, y, z)$ in the first octant for which the tetrahedron fits; on the boundary of the disk, the tetrahedron fits tightly, consistently with Remark 1.2 .

Given $E_{\text {out }}$ with $\operatorname{tr} A<1$, there exist similar tight tetrahedra in other positions; the algebra for such examples is far more complicated.

## 4 Constructing simplices

In this section we complete the proof of Theorem 3. More concretely, we construct the map $\phi^{-1}: O(n) \rightarrow \mathcal{S}_{f}\left(E_{\text {in }}, E_{\text {out }}\right)$ when $\operatorname{tr}(A)=1$.

For a tight simplex $S$, let $\left(v_{i}\right)_{1 \leq i \leq n+1}$ denote its vertices and $\left(w_{i}\right)_{1 \leq i \leq n+1}$ the family of points of tangency of its hyperfaces with $E_{\text {in }}$. Set $\tilde{v}_{i}=-\bar{A}^{-1} w_{i}$ and $\tilde{w}_{i}=-A v_{i}$. The simplex $\tilde{S}$ with vertices $\left(\tilde{v}_{i}\right)$ is another tight simplex for the same pair of ellipsoids, as follows from expanding the corresponding algebraic expressions. The points of tangency to the hyperfaces of $\tilde{S}$ are $\left(\tilde{w}_{i}\right)$. We call $\tilde{S}$ the dual of $S ; S$ is self-dual if $\tilde{S}=S$. Figure 3 shows an example with $n=2$ : a self-dual triangle $S \in \mathcal{S}_{t}\left(E_{\text {in }}, E_{\text {out }}\right)$. We have $\left\langle v_{i}, w_{j}\right\rangle=1$ for $i \neq j$, which in turn gives that $v_{i}$ is equidistant to all points $w_{j}$, since $w_{j} \in E_{\text {in }}=\mathbb{S}^{n-1}$, a simple geometric fact.
Remark 4.1. Recall that in Remark $3.2, S$ has vertices $( \pm a x, \pm b y, \pm c z)$ with an even number of negative signs, where $(x, y, z) \in E_{\text {in }}=\mathbb{S}^{2}$. In the notation of Proposition 3.1, the tetrahedron $S$ is tight if and only if $t_{1}=1$. In this case, the dual $\tilde{S}$ has vertices

$$
\tilde{v}_{i}=\left( \pm \frac{1}{x}, \pm \frac{1}{y}, \pm \frac{1}{z}\right)
$$



Figure 3: A self-dual triangle
again with an even number of negative signs. Thus, $S$ is self-dual precisely when $\operatorname{tr} A=1$, consistently with Corollary 4.2 below.

Corollary 4.2. If $\operatorname{tr} A=1$ then any simplex $S$ which fits between $E_{\mathbf{i n}}$ and $E_{\text {out }}$ is self-dual.

Proof. This is the content of the last paragraph of the proof of Proposition 3.1. if $\operatorname{tr} A=1$ then $w_{i}=-A v_{i}=\tilde{w}_{i}($ for all $i)$.

Given a tight simplex $S \in \mathcal{S}_{t}\left(E_{\mathbf{i n}}, E_{\text {out }}\right)$, its vertices $v_{i}$ must satisfy $\left\|A v_{i}\right\|=1$. From Corollary 4.2, the hyperfaces of $S$ are tangent to $E_{\text {in }}$ at $w_{i}=-A v_{i}$, so that $\left\langle-A v_{i}, v_{j}\right\rangle=1$, for $i \neq j$. We embed $\mathbb{R}^{n}$ into $\mathbb{R}^{n+1}$ with an extra final coordinate: given $v \in \mathbb{R}^{n}$, we lift it to obtain $\hat{v}=(v, 1)$. We denote the lifted hyperplane by $\hat{\mathbb{R}}^{n} \subset \mathbb{R}^{n+1}$. In particular, we have vectors $\hat{v}_{i}=\left(v_{i}, 1\right) \in \hat{\mathbb{R}}^{n}$ in the lifted ellipsoid $\hat{E}_{\text {out }}=E_{\text {out }} \times\{1\} \subset \hat{\mathbb{R}}^{n}$. Set $\hat{A}=A \oplus(+1)$, similar to $A_{-}$in the proof of Proposition 3.1, but with $(\hat{A})_{n+1, n+1}=+1$. The symmetric positive definite matrix $\hat{A}$ induces an inner product $\langle\langle\cdot, \cdot\rangle\rangle$ in $\mathbb{R}^{n+1}$. The lifted vectors $\hat{v}_{i}$ $(1 \leq i \leq n+1)$ form an orthogonal basis: indeed, for $i \neq j$ we have

$$
\left\langle\left\langle\hat{v}_{i}, \hat{v}_{j}\right\rangle\right\rangle=\left\langle A v_{i}, v_{j}\right\rangle+1=0 .
$$

The following result is a reformulation of parts of Proposition 3.1.
Corollary 4.3. Assume that $\left(\hat{v}_{i}\right)_{1 \leq i \leq n+1}$ is an orthogonal basis of $\mathbb{R}^{n+1}$ under $\langle\langle\rangle$,$\rangle . If \hat{v}_{i} \in \hat{E}_{\text {out }}$ for all $i$ then $\operatorname{tr} A=1$. If $\hat{v}_{i} \in \hat{E}_{\text {out }}$ for all $i \leq n$ and $\hat{v}_{n+1} \in \operatorname{conv}\left(\hat{E}_{\text {out }}\right) \backslash \hat{E}_{\text {out }}$ then $\operatorname{tr} A<1$.

Proof. As in the proof of Proposition 3.1, write $\hat{v}_{i}=\left(v_{i}, 1\right) \in \hat{E}_{\text {out }}, v_{i} \in E_{\text {out }}$, $w_{i}=-A v_{i} \in E_{\mathrm{in}}$ and $\hat{w}_{i}=\left(w_{i}, 1\right)$. Take $A_{-}=A \oplus(-1)$ so that $A_{-} \hat{v}_{i}=-\hat{w}_{i}$.

If $v_{i} \in E_{\text {out }}$, we have $\left\langle v_{i}, A^{2} v_{i}\right\rangle=1$ and therefore $\left\langle\left\langle\hat{v}_{i}, A_{-} \hat{v}_{i}\right\rangle\right\rangle=-\left\langle\left\langle\hat{v}_{i}, \hat{w}_{i}\right\rangle\right\rangle=0$. Similarly, if $v_{i} \in \operatorname{conv}\left(E_{\text {out }}\right) \backslash E_{\text {out }}$ then $\left\langle\left\langle\hat{v}_{i}, A_{-} \hat{v}_{i}\right\rangle\right\rangle<0$. Thus, in the first scenario, if $A_{-}$is written in the basis $\left(\hat{v}_{i}\right)_{1 \leq i \leq n+1}$ of $\mathbb{R}^{n+1}$ then its diagonal entries are equal to 0 and therefore $\operatorname{tr}\left(A_{-}\right)=\operatorname{tr}(\bar{A})-1=0$. In the second scenario, all diagonal entries are nonpositive and at least one of them is negative and therefore $\operatorname{tr}\left(A_{-}\right)=\operatorname{tr}(A)-1<0$.
Lemma 4.4. Let $\left(v_{i}\right)_{i \leq n}$ be a basis of $\mathbb{R}^{n}$ consisting of vectors $v_{i} \in E_{\text {out }}$. Assume furthermore that the vectors $\hat{v}_{i}=\left(v_{i}, 1\right) \in \mathbb{R}^{n+1}$ are orthogonal with respect to $\langle\langle\cdot, \cdot\rangle\rangle$. Then there exists a unique vector $v_{\star} \in \mathbb{R}^{n}$ such that, for all $i \leq n$, $\left\langle\left\langle\hat{v}_{\star}, \hat{v}_{i}\right\rangle\right\rangle=0$ (where $\hat{v}_{\star}=\left(v_{\star}, 1\right)$ ). Furthermore, $v_{\star} \neq 0$.
Proof. The family $\left(\hat{v}_{i}\right)_{i \leq n}$ is a basis of a subspace $X \subset \mathbb{R}^{n+1}$ of codimension 1 . Thus, the subspace $X^{\perp^{-}} \subset \mathbb{R}^{n+1}$, the orthogonal complement of $X$ under $\langle\langle\cdot, \cdot\rangle\rangle$, is a line. Let $\tilde{v}$ be a generator of $X^{\perp}$, and write $\tilde{v}=\left(v_{\star}, c\right)$ where $v_{\star} \in \mathbb{R}^{n}$ and $c \in \mathbb{R}$. If $c=0$ we have $0=\left\langle\left\langle\tilde{v}, \hat{v}_{i}\right\rangle\right\rangle=\left\langle A \tilde{v}, v_{i}\right\rangle$ for all $i \leq n$ and therefore $A \tilde{v}=0$, a contradiction. If $\tilde{v}=(0, c)$ then $0=\left\langle\left\langle(0, c), \hat{v}_{i}\right\rangle\right\rangle=c$, a contradiction. We may therefore assume without loss of generality that $\tilde{v}=\left(v_{\star}, 1\right)$ with $v_{\star} \neq 0$, completing the proof.

The following result is a kind of converse of Corollary 4.3.
Lemma 4.5. Let $\left(v_{i}\right)_{i \leq n}$ be a basis of $\mathbb{R}^{n}$ and $v_{\star} \in \mathbb{R}^{n}$ as in Lemma 4.4. Then $\operatorname{tr} A=\left|A v_{\star}\right|^{2}$. In particular, if $\operatorname{tr}(A)<1$ then $v_{\star} \in \operatorname{conv}\left(E_{\text {out }}\right) \backslash E_{\text {out }}$; if $\operatorname{tr}(A)=1$ then $v_{\star} \in E_{\text {out }} ;$ if $\operatorname{tr}(A)>1$ then $v_{\star} \notin E_{\text {out }}$.

Proof. Set $v_{n+1}=v_{\star}$. For $i \leq n+1$, set $\hat{v}_{i}=\left(v_{i}, 1\right)$ so that $\left(\hat{v}_{i}\right)_{i \leq n+1}$ is an orthogonal basis. For $i \leq n$, set $w_{i}=-A v_{i} \in E_{\text {in }}$ and $t_{i}=1$. Set $t_{n+1}=$ $1 /\left|A v_{n+1}\right|$ and $w_{n+1}=-t_{n+1} A v_{n+1}$ so that $w_{n+1} \in E_{\mathbf{i n}}$ and $t_{n+1}>0$. For $i \leq n+1$, define the hyperplane

$$
H_{i}=\left\{q \in \mathbb{R}^{n} \mid\left\langle q, w_{i}\right\rangle=t_{i}\right\} .
$$

From orthogonality, $i \neq j$ implies $v_{i} \in H_{j}$. Let $A_{-}=A \oplus(-1)$ be as in the proof of Proposition 3.1. Equation (3) still holds (with the same proof) and gives us

$$
\operatorname{tr} A-1=\sum_{i} \frac{\left\langle w_{i}, A v_{i}\right\rangle+t_{i}}{\left(-t_{i}\right)}
$$

For $i \leq n$ we have $\left\langle w_{i}, A v_{i}\right\rangle+t_{i}=-1+1=0$. For $i=n+1$ we have $\left\langle w_{i}, A v_{i}\right\rangle+t_{i}=$ $t_{n+1}\left(1-\left\langle A v_{n+1}, A v_{n+1}\right\rangle\right)$. We therefore have $\operatorname{tr} A-1=\left\langle A v_{n+1}, A v_{n+1}\right\rangle-1$, or, equivalently, $\operatorname{tr} A=\left|A v_{\star}\right|^{2}$.

The heart of the proof of Theorem 3 is the construction of $\phi^{-1}: O(n) \rightarrow$ $\mathcal{S}_{f}\left(E_{\text {in }}, E_{\text {out }}\right)$ by a process similar to Gram-Schmidt which we call adjusted orthogonalization. We first describe this procedure, leaving the verification of certain technical aspects for Lemmas 4.6, 4.8 and 4.9.

Given an orthogonal matrix $Q \in O(n)$ with columns $u_{i}$, we obtain $v_{i}$ (for $i \leq n$ ) by performing adjusted orthogonalization on the lifted vectors $\hat{u}_{i}=\left(u_{i}, 1\right)$. The procedure is illustrated in Figure 4 and is described below. In a nutshell, we start with a family $\left(u_{i}\right)$ of vectors in $E_{\text {in }} \subset \mathbb{R}^{n}$, obtain $\left(\hat{u}_{i}\right)$ with $\hat{u}_{i}=\left(u_{i}, 1\right) \in$ $\mathbb{R}^{n+1}$, apply the procedure to define $\left(\hat{v}_{i}\right)$ and finally project back, yielding the family $\left(v_{i}\right)$ with $\hat{v}_{i}=\left(v_{i}, 1\right)$ and $v_{i} \in E_{\text {out }} \subset \mathbb{R}^{n}$. There will be a final extra step to obtain $v_{n+1} \in \mathbb{R}^{n}$, in a similar but different manner.


Figure 4: Adjusted orthogonalization of a basis $\left(u_{i}\right)$ obtains vectors $\left(v_{i}\right)$. In this example, $\operatorname{tr} A=1, v_{n+1} \in E_{\text {out }}$ and the simplex $S$ is tight.

By construction, the family $\left(\hat{v}_{j}\right)_{1 \leq j \leq n}$ obtained by adjusted orthogonalization from $\left(\hat{u}_{j}\right)$ is orthogonal with respect to $\langle\langle\cdot, \cdot\rangle\rangle$ and consists of vectors $\hat{v}_{j} \in \hat{E}_{\text {out }}$. For $\hat{v}_{j}=\left(v_{j}, 1\right)$, the basis $\left(v_{j}\right)$ induces the same flag as $\left(u_{j}\right)$ : for any $i \leq n$, the two families $\left(u_{j}\right)_{j \leq i}$ and $\left(v_{j}\right)_{j \leq i}$ span the same subspace of dimension $i$ of $\mathbb{R}^{n}$.

Set $v_{1}=u_{1} /\left\|A u_{1}\right\| \in E_{\text {out }}$ and $\hat{v}_{1}=\left(v_{1}, 1\right) \in \hat{E}_{\text {out }}$. Given $1<j<n$ and $\hat{v}_{1}, \ldots, \hat{v}_{j-1} \in \hat{E}_{\text {out }}$, we show how to obtain $v_{j} \in E_{\text {out }} \subset \mathbb{R}^{n}$ and $\hat{v}_{j}=$ $\left(v_{j}, 1\right) \in \hat{E}_{\text {out }}$. As in the usual Gram-Schmidt process, we want $v_{j}$ to belong to the space spanned by $u_{1}, \ldots, u_{j}$ or, equivalently, by $v_{1}, \ldots, v_{j-1}, u_{j}$. We also want the orthogonality requirement $\left\langle\left\langle\hat{v}_{j}, \hat{v}_{k}\right\rangle\right\rangle=0$ (for $k<j$ ): this translates into $v_{j}$ belonging to an affine subspace of codimension $j-1$. Thus, if we are in general position (as we shall prove to be), the two conditions yield that $\hat{v}_{j}=\left(v_{j}, 1\right)$ belongs to a line in $\hat{\mathbb{R}}^{n+1}$. As we shall prove in Lemma 4.9, this line intersects $\hat{E}_{\text {out }}$ in two distinct points. The vector $\hat{v}_{j}$ is chosen to be the intersection point for which $v_{j}=p u_{j}-\sum_{k<j} c_{k} v_{k}$ with $p>0$. For reference, we itemize the crucial properties of $\hat{v}_{j}$ :
(0) $\hat{v}_{j}=\left(v_{j}, 1\right)$,
(1) $v_{j}=p u_{j}-\sum_{k<j} c_{k} v_{k}, p>0$,
(2) $\left\langle\left\langle\hat{v}_{j}, \hat{v}_{k}\right\rangle\right\rangle=0, k<j$,
(3) $\hat{v}_{j} \in \hat{E}_{\text {out }}$, or, equivalently, $\left\|A v_{j}\right\|=1$.

After completing the procedure for $j \leq n$, there is an extra step $j=n+1$ to obtain the vectors $v_{n+1}$ and $\hat{v}_{n+1}$. Notice first that the subspace spanned by
$v_{1}, \ldots, v_{n}$ is $\mathbb{R}^{n}$, thus imposing no restriction on $v_{n+1}$. Assuming general position, the orthogonality requirements $\left\langle\left\langle\hat{v}_{j}, \hat{v}_{k}\right\rangle\right\rangle=0$ (for $k \leq n$ ) yield a single point $\hat{v}_{n+1}$ in the hyperplane $\hat{\mathbb{R}}^{n} \subset \mathbb{R}^{n+1}$. As we shall see, if $\operatorname{tr} A=1$ then $\hat{v}_{n+1} \in \hat{E}_{\text {out }}$. On the other hand, if $\operatorname{tr} A<1$ then $\hat{v}_{n+1}$ is in the interior of $\hat{E}_{\text {out }}$.

If $\operatorname{tr} A=1$, the construction obtains the vertex family $\left(v_{j}\right)_{j \leq n+1}$ of a tight simplex $S$ associated with the orthogonal matrix $Q$ with columns $\left(u_{j}\right)_{j \leq n}$. The correspondence provides the inverse of $\phi: \mathcal{S}_{t}\left(E_{\mathbf{i n}}, E_{\text {out }}\right) \rightarrow O(n)$, as the flags associated with the two bases $\left(u_{j}\right)_{j \leq n}$ and $\left(v_{j}\right)_{j \leq n}$ coincide.

For $\operatorname{tr} A<1$, the same construction gives rise to a fitting simplex $S$ for which all hyperfaces are tangent to $E_{\text {in }}$ but the last vertex $v_{n+1}$ is strictly inside $E_{\text {out }}$ : the simplex is not tight. This however suffices to derive the surjectivity of the $\operatorname{map} \phi: \mathcal{S}_{t}\left(E_{\text {in }}, E_{\text {out }}\right) \rightarrow O(n)$.

We now provide details. First, we describe adjusted orthogonalization in terms of projected vectors. Clearly, a linearly independent family $\left(u_{j}\right)_{j \leq i}, u_{j} \in \mathbb{R}^{n}$, lifts to a linearly independent family $\left(\hat{u}_{j}\right)_{j \leq i}$.

For a subspace $W \subset \mathbb{R}^{n}$, consider the ellipsoids $E_{\text {in }} \cap W$ and $E_{\text {out }} \cap W$. As above, there exists a unique real symmetric positive linear transformation $A_{W}: W \rightarrow W$ with $A_{W}\left[E_{\text {out }} \cap W\right]=E_{\text {in }} \cap W$. If $X$ is a real symmetric matrix, we denote its spectrum by $\sigma(X)$, which is to be interpreted as a finite multiset of real numbers.

Lemma 4.6. If $W_{1} \varsubsetneqq W_{2}$ then $\operatorname{tr}\left(A_{W_{1}}\right)<\operatorname{tr}\left(A_{W_{2}}\right)$.
Proof. It suffices to consider the case $\operatorname{dim}\left(W_{2}\right)=1+\operatorname{dim}\left(W_{1}\right)=k$. In this case, the spectra of $A_{W_{1}}$ and $A_{W_{2}}$ are interlaced and therefore $\operatorname{tr}\left(A_{W_{1}}\right)<\operatorname{tr}\left(A_{W_{2}}\right)$, as desired.

Remark 4.7. The subspace $W$ is not assumed to be invariant under $A$. Indeed, if the spectrum of $A$ is simple there are only finitely many invariant subspaces. In particular, $A_{W}$ is not to be confused with the restriction $\left.A\right|_{W}: W \rightarrow A[W]$.

On the other hand, $A$ and $A_{W}$ define the same inner products in $W$ : if $v_{1}, v_{2} \in W$ then $\left\langle A v_{1}, v_{2}\right\rangle=\left\langle A_{W} v_{1}, v_{2}\right\rangle$. The same holds for $W \oplus \mathbb{R}$ : we have two expressions but the same inner product $\langle\langle\cdot, \cdot\rangle\rangle$.

Lemma 4.8. Assume $\operatorname{tr} A \leq 1$ and $i \leq n$. Consider a family $\left(\hat{v}_{j}\right)_{j \leq i}$ of vectors in $\hat{E}_{\text {out }}$. If this family is orthogonal for the inner product $\langle\langle\cdot, \cdot\rangle\rangle$ then it projects to a linearly independent family $\left(v_{j}\right)_{j \leq i}$.

Proof. Let $W \subseteq \mathbb{R}^{n}$ be the subspace generated by $\left(v_{j}\right)_{j \leq i}$. If this family is orthogonal for the inner product $\langle\langle\cdot, \cdot\rangle\rangle$ it follows from Remark 4.7 that the family is also orthogonal in $W \oplus \mathbb{R}$ under the inner product $\langle\langle\cdot, \cdot\rangle\rangle_{W}$ defined by $A_{W}$. If the family $V$ is not linearly independent, apply Corollary 4.3 to $W$, to deduce that $\operatorname{tr}\left(A_{W}\right)=1$. Apply Lemma 4.6 with $W_{1}=W$ and $W_{2}=\mathbb{R}^{n}$ to deduce that $\operatorname{tr}(A)>1$, a contradiction.

Lemma 4.9. Assume $\operatorname{tr} A \leq 1$ and $i<n$. Let $X_{i} \subset X_{i+1} \subseteq \mathbb{R}^{n}$ be subspaces of dimensions $i$ and $i+1$. Let $\left(v_{j}\right)_{j \leq i}$ be a family of vectors in $E_{\text {out }} \cap X_{i}$ and $\hat{v}_{j}=\left(v_{j}, 1\right)$. Assume that $\left(\hat{v}_{j}\right)_{j \leq i}$ is orthogonal with respect to $\langle\langle\cdot, \cdot\rangle\rangle$. Then there exist precisely two vectors $v \in E_{\text {out }} \cap X_{i+1}$ such that $\hat{v}=(v, 1)$ is $\langle\langle\cdot, \cdot\rangle\rangle$-orthogonal to all $\hat{v}_{j}, j \leq i$. For either vector $v$, taking $v_{i+1}=v$ yields a basis of $X_{i+1}$, and the two bases have opposite orientations.

Proof. From Lemma 4.8, $\left(v_{j}\right)_{j \leq i}$ is a basis of $X_{i}$. Apply Lemma 4.4 to the restriction to $X_{i}$ to obtain $v_{\star} \in X_{i}$. From Lemmas 4.5 and 4.6, $v_{\star}$ is interior to $E_{\text {out }}$. Thus, the affine subspace of $X_{i+1}$ defined by the $i$ equations $\left\langle\cdot, A v_{i}\right\rangle=-1$ is a line containing $v_{\star}$ and therefore crossing $E_{\text {out }} \cap X_{i+1}$ transversally in exactly two points. These are our desired points. There is one in each connected component of $X_{i+1} \backslash X_{i}$, completing the proof.

Proof of Theorem 3. Recall that item (i) and the first claim in item (ii) have already been proved in Section 3; we just completed the proof of item (ii) by constructing $\phi^{-1}: O(n) \rightarrow \mathcal{S}_{t}\left(E_{\text {in }}, E_{\text {out }}\right)$ when $\operatorname{tr}(A)=1$.

If $\operatorname{tr}(A)<1$, consider an auxiliary ellipsoid $s E_{\text {out }}$ for $s \leq 1$. The corresponding positive symmetric matrix is $\tilde{A}=s^{-1} A$ so that $\operatorname{tr}(\tilde{A})=s^{-1} \operatorname{tr}(A) \leq 1$ for $s \in[1 / \operatorname{tr}(A), 1]$. For each such value of $s$, given $Q \in O(n)$ we obtain distinct simplices $S_{s}$ with $S_{s} \in \mathcal{S}_{f}\left(E_{\mathbf{i n}}, E_{\text {out }}\right) \backslash \mathcal{S}_{t}\left(E_{\mathbf{i n}}, E_{\text {out }}\right)$ and $\phi\left(S_{s}\right)=Q$, completing the proof of item (iii).

## 5 Icosahedron and dodecahedron

Theorems 2 and 3 comprise higher dimensional generalizations for $k=3$ and $k=4$ of Poncelet porism. It is natural to ask whether similar versions of Poncelet porism hold for other values of $k$. One tempting idea is to look at other regular polytopes, such as dodecahedra and icosahedra (recall that one is the dual of the other). The icosahedron between two ellipsoids does not appear to satisfy a similar porism: we present a failed attempt.

We consider a special situation: take $E_{\text {out }}$ to be the unit sphere $\mathbb{S}^{n-1}$ and $E_{\text {in }}$ to be the smaller ellipsoid with equation

$$
\frac{x^{2}}{a^{2}}+\frac{y^{2}}{a^{2}}+\frac{z^{2}}{b^{2}}=1
$$

A convex polytope is combinatorially regular if it has the same combinatorial structure as the regular polytopes. Thus, simplices, parallelotopes and cross polytopes are examples of combinatorially regular polytopes. We consider convex combinatorially regular centrally symmetric icosahedra inscribed in $E_{\text {out }}$ and circumscribed to $E_{\mathbf{i n}}$. We further simplify the problem by considering icosahedra in two special positions, chosen so as to exploit symmetry.

We first consider icosahedra for which the points $(0,0, \pm 1)$ are vertices. The other 10 vertices form two regular pentagons on planes parallel to the $x y$ plane. Up to rotation, the $z$ coordinate $z_{\text {penta }} \in(0,1)$ for the top pentagon in the only degree of freedom in the construction. Up to symmetry, there are two faces which should be tangent to $E_{\text {in }}$; it can be verified that in an open interval $a$ and $b$ are smooth functions of $z_{\text {penta }}$. Applying the implicit function theorem, for any value of $b$ between, say, 0.6 and 0.9 , there appears to exist a unique value of $a$ for which the construction works. Thus, $a$ is a smooth function of $b: a=\alpha_{1}(b)$.

We next consider icosahedra with a pair of opposite faces parallel to the $x y$ plane, like a solid icosahedron sitting on a table. More precisely, two opposite faces of the icosahedron are equilateral triangles in the planes $z= \pm b$. We may assume that the vertices of the top face are $(s, 0, b),(-s / 2, \pm s \sqrt{3} / 2, b)$, where $s=\sqrt{1-b^{2}}$. The other six vertices form two other equilateral triangles (not faces) contained in the planes $z= \pm c$ (where $c \in(0,1)$ is another real parameter). We may assume that the six vertices are $\pm\left(-s^{\prime}, 0, c\right), \pm\left(s^{\prime} / 2, \pm s^{\prime} \sqrt{3} / 2, c\right)$. Apart from the top and bottom faces, there are, up to symmetry, two classes of faces: the 6 faces in the first class share an edge with the top or bottom faces, the 12 faces in the other class have three vertices with three different values of $z$. At this point we have two degrees of freedom ( $a$ and $c$ ) and two equations, each equation verifying the tangency between the ellipsoid $E_{\text {in }}$ and the faces in one of the two classes. Again by transversality, given $b$ there exists a unique pair $(a, c)$ for which the construction works. In other words, $a$ is a smooth function of $b: a=\alpha_{2}(b)$. Numerics indicate, however, that the two functions $\alpha_{1}$ and $\alpha_{2}$ are quite different.

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